

PHASED PROGRAM of STRUCTURE & ACCOUNTABILITY

PHASE GUIDELINES & POLICY

Harmony Haus developed a phased program designed to create a well-balanced sober living recovery community and provides incentives + disincentives for members, which include:

- Ⓜ Upon initial review of a member’s Sober Living Program Application, Background, Sobriety Review and Interview; member may enter in the sober living program at phase I, II, or III.
- Ⓜ Due to variations in employment, recovery program status and professional endeavors, phasing criteria may be negotiated to accommodate member’s desired lifestyle and recovery program.
- Ⓜ Disincentives include loss of phase privileges, which are a direct result of members not adhering to written or verbal warnings and corrective measures.
- Ⓜ Members not working a solid program of recovery will be declined to a lesser phase than currently on. If no improvement or program growth is displayed through member’s actions working a recovery program, the member will be discharged from Harmony Haus Sober Living and recommended a higher level of care.

NOTE: THERE IS A ZERO TOLERANCE POLICY FOR NOT ADHERING TO PHASING GUIDELINES

PHASE I

INITIAL	PROGRAM REQUIREMENTS
A.	WEEK 1 BUILD RECOVERY FOUNDATION Obtain Recovery Program Sponsor/Mentor/Advisor – Define Home Group & Service Commitment, Attend Recovery Meetings, Set-Up Therapist/Counselor Appointment, Develop Routine, Settle in Haus, Acclimate to Sober Living Environment, Utilize Gym Membership, Engage in Establishing Personal Recovery Management Program
B.	WEEK 2 9:00AM - 3:00PM Out of Haus Until Gainfully Employed Rule Mandatory OUT OF HAUS Employment & Service Opportunity Seeking – Engaged if Member Does Not Comply w/Seeking Work
C.	10:00PM - Mandatory Curfew No Mandatory Wake-Up Time on Weekends
D.	Must Obtain Employment Education & Volunteer or Service Commitment Within 1st 2 Weeks 25 Hours Per-Week Minimum
E.	Attend 4 Additional Program Related Meetings Includes: 3 to 4 AA NA CA SA etc.... 12-STEP MEETING, REFUGE RECOVERY, S.M.A.R.T, CELEBRATE RECOVERY Substitute: 1 Appointments - Sponsor Meeting, or Therapist/Counselor Appointment, Self-Care, Acupuncture, Float-Spa, Massage, Résumé Building, Job Fair, Dietitian Consult - If Not Sure - Ask Haus Manager
F.	Attend 1 Event w/Community Members AA NA CA Speaker Meeting Hiking Intramural Sports League Event Community Outing
G.	Monday Night Haus Meeting - Attendance & Participation Required
H.	Meeting Sign-In-Sheet To be filled out during the course of phase 1 by submitting to the administrator of meeting attended for a signature.
I.	Mandatory Recovery Program Sponsor: Counseling & Coaching - Must Meet 1X Per Week AA Sponsorship, Accountability Partner, Therapist, Recovery Coach, Spiritual Advisor
J.	Drug Screening - Pass All UA & BAC Testing
K.	Make Bed Daily Upon Awakening
L.	Visitors are allowed at Haus with approval from the Haus Manager Sponsors DO NOT NEED Haus Manager Approval
M.	No Overnight Requests - Phase 3 Only
N.	Perform Assigned Haus Chore

INITIAL PROGRAM PHASE-UP REQUIREMENTS TO PHASE II

- _____ A. Recovery Program Review - Goals & Achievements Evaluation
- _____ B. Complete ALL Sober Living Phase 1 Line Items
- _____ C. Submit Completed Meeting Attendance Sign-In-Sheet
- _____ D. Comply with Member Policy & Agreement
- _____ E. No Active Warnings or Corrective Measures
- _____ F. Schedule Phase-Up Meeting with Haus Manager

PHASE UP APPROVAL SIGNATURES

MEMBER SIGNATURE _____ PRINT MEMBER NAME _____ DATE _____

HARMONY HAUS OFFICER APPROVAL SIGNATURE _____ PRINT OFFICER NAME _____ DATE _____

PHASE II

INITIAL PROGRAM REQUIREMENTS

- _____ A. 9:30 AM - Haus Chore Completed
- _____ B. 12:00AM - Mandatory Curfew & 1:00AM Friday + Saturday Nights
- _____ C. Maintain Employment | Education & Volunteer or Service Commitment
25 Hours Per-Week Minimum
- _____ D. Attend 4 Additional Program Related Meetings
Includes: 3 to 4 | AA | NA | CA | SA etc.... 12-STEP MEETING, REFUGE RECOVERY, S.M.A.R.T, CELEBRATE RECOVERY
Substitute: 1 Appointments - Sponsor Meeting, or Therapist/Counselor Appointment, Self-Care, Acupuncture, Float-Spa, Massage, Résumé Building, Job Fair, Dietitian Consult - If Not Sure - Ask Haus Manager
- _____ E. Attend 1 Event w/Community Members
AA | NA | CA | Speaker Meeting | Hiking | Intramural Sports League Event | Community Outing
- _____ F. Monday Night Haus Meeting - Attendance & Participation Required
- _____ G. No Meeting Sign-In-Sheet
- _____ H. Mandatory Recovery Program Sponsor: Counseling & Coaching - Must Meet 1X Per Week
AA Sponsorship, Accountability Partner, Therapist, Recovery Coach, Spiritual Advisor
- _____ I. Drug Screening - Pass All UA & BAC Testing
- _____ J. Make Bed Daily Upon Awakening
- _____ K. Visitors are allowed at Haus with approval from the Haus Manager
Sponsors DO NOT NEED Haus Manager Approval
- _____ L. No Overnight Requests - Phase 3 Only
- _____ M. Perform Assigned Haus Chore

INITIAL	PROGRAM PHASE-UP REQUIREMENTS TO PHASE III
_____	A. Recovery Program Review - Goals & Achievements Evaluation
_____	B. Complete ALL Sober Living Phase 2 Line Items
_____	C. Comply with Member Policy & Agreement
_____	D. No Active Warnings or Corrective Measures
_____	E. Schedule Phase-Up Meeting with Haus Manager

PHASE UP APPROVAL SIGNATURES

MEMBER SIGNATURE	PRINT MEMBER NAME	DATE
_____	_____	_____

HARMONY HAUS OFFICER APPROVAL SIGNATURE	PRINT OFFICER NAME	DATE
_____	_____	_____

PHASE III

INITIAL	PROGRAM REQUIREMENTS
_____	A. 9:30 AM - Haus Chore Completed
_____	B. No Curfew
_____	C. Maintain Employment Education & Volunteer or Service Commitment 25 Hours Per-Week Minimum
_____	N. Attend 3 Additional Program Related Meetings Includes: 2 to 3 AA NA CA SA etc.... 12-STEP MEETING, REFUGE RECOVERY, S.M.A.R.T, CELEBRATE RECOVERY Substitute: 1 Appointments - Sponsor Meeting, or Therapist/Counselor Appointment, Self-Care, Acupuncture, Float-Spa, Massage, Résumé Building, Job Fair, Dietitian Consult - If Not Sure - Ask Haus Manager
_____	D. Attend 1 Event w/Community Members AA NA CA Speaker Meeting Hiking Intramural Sports League Event Community Outing
_____	E. Monday Night Haus Meeting - Attendance & Participation Required
_____	F. Mandatory Recovery Program Sponsor: Counseling & Coaching - Must Meet 1X Per Week AA Sponsorship, Accountability Partner, Therapist, Recovery Coach, Spiritual Advisor
_____	G. Drug Screening - Pass All UA & BAC Testing
_____	H. Make Bed Daily Upon Awakening
_____	I. Visitors are allowed at Haus with approval from the Haus Manager Sponsors DO NOT NEED Haus Manager Approval
_____	J. Overnight Requests Allowed – Text Approval form Haus Manager is Required 24 ^{HRS} In-Advance
_____	K. Perform Assigned Haus Chore